What exactly is a high-touch surface?

We’ve heard it repeatedly: To fight the spread of COVID-19, wash your hands and clean “high-touch” areas. What exactly is a high-touch area? Here’s a simple graphic to help you remember where to clean. Learn more on the CDC’s cleaning and disinfection page.

What are high-touch surfaces?

- Common household surfaces like light switches, phones, remote controls, counters, tabletops, doorknobs, bathroom fixtures, toilets, keyboards, tablets, hardback chairs and bedside tables.

- In workplaces, don’t overlook water coolers, desks and shared countertops.

- In areas with children, hands-on learning items and toys.

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